

Chamber names CHWP Business of the Month

The Logan County Chamber of Commerce has named Community Health & Wellness Partners as the August Business of the Month.

CHWP has been a Chamber member for five years. Tara Bair, President/CEO at CHWP, is a previous Chamber Board member and Chairperson (2011).

CHWP provides primary health care services with integrated ancillary services including behavioral health, pharmacy, nutrition, chronic care management, and medication assisted treatment.

CHWP serves the community with three locations in Logan County and a team of 66 individuals, comprising of 9 healthcare providers; 3 psychiatric providers; 6 behavioral health therapists; 3 behavioral health case managers; 1 clinical pharmacist and one registered dietician. The remaining are members of leadership and ancillary clinical support personnel.

Visit the Logan County Chamber of Commerce website for more details at: <https://www.logancountyohio.com/botm.htm>.

Flu shots available soon

The seasonal flu season typically runs from October until March. This season's flu vaccines are designed to protect against the influenza viruses, including Influenza A (H1N1) viruses, Influenza A (H3N2) viruses, and Influenza B viruses.

Call our offices at 937.599.1411 to schedule a flu vaccination. Those with higher risk include pregnant women, children, those with chronic care conditions, and those 65 years of age or older.

Both high dose and QIV vaccines will be available September 12.

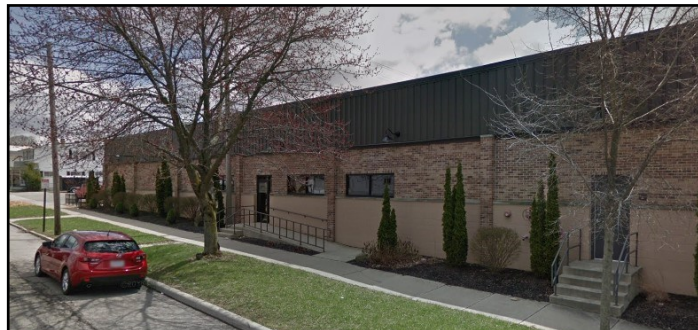
For more information, visit: <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/seasonal-influenza>.

Behavioral Health services to expand

Over the last year, CHWP's Behavioral Health Program has been awarded two grants allowing the expansion of behavioral health, substance use, and medication assisted treatment. Using this award, CHWP was able to hire additional therapists and psychiatry providers so CHWP can serve more patients. Also, CHWP provided education opportunities for staff to gain the skills needed to offer services that fill the gaps of care in the community.

Due to the growth of the integrated care programs, additional space is needed to accommodate the staff members and patients. An additional pod of 5,575 square feet at our Bellefontaine location will be dedicated to Behavioral Health, Substance Use Treatment, Pharmacy, Nutrition and Chronic Care Management services. The new space will allow for a more central location and easy access to provide integrated care for our patients. CHWP has 2 other locations in West Liberty and Russells Point.

The expansion at the Bellefontaine site is expected to be completed in November.



The northwest section of our Bellefontaine facility, 212 E Columbus Ave, is being remodeled to accommodate office space for CHWP's Behavioral Health Program, Pharmacy, Nutrition, and Chronic Care Management services. Construction is expected to be completed in November.



The CHWP Behavioral Health Program takes an integrated approach to ensure that patient's mental health and substance use issues are addressed as a team including their primary care provider,

behavioral health provider (therapist/counselor), psychiatry provider, case manager and any other service provider they may have. Through this approach, patients can overcome various chronic illnesses and can get all aspects of their care

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Providers at each site

Healthcare providers at each of our 3 sites are listed below:

Bellefontaine: Dr. Kenneth Miller, and Certified Family Nurse Practitioners Joshua Bryant*, Breanna Detrick and Paula Strebis*.

Russells Point (Indian Lake): Dr. Brian Schmidt and Certified Family Nurse Practitioners Joshua Bryant, Breanna Detrick, and Justin Gildow.

West Liberty: Dr. Charles Kratz, Dr. Brian Schmidt, and Certified Family Nurse Practitioners Justin Gildow and Leanne Spring*.

* indicates accepting new patients



MILLER



DETRICK



BRYANT



STREBIS



KRATZ



SCHMIDT



GILDOW



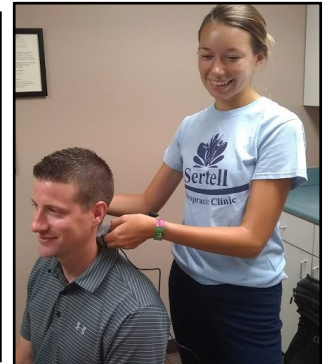
SPRING

CHWP celebrates week with a host of activities

Community Health & Wellness Partners celebrated National Health Center Week (NHCW) from August 5–9. NHCW is part of a national campaign to increase awareness of the ways health centers are providing affordable health care in communities.

This year's theme was "Rooted in Communities" and a variety of events were held throughout the week, including a block party at Brown Park in Bellefontaine. Other events and activities included free spinal checks from Sertell Chiropractic Clinic, free blood pressure checks, free hearing screenings from Maze Hearing & Balance, free personal hygiene bags, a booth with fresh fruits and vegetables from Wengers' Produce, and a food truck sponsored by Second Harvest.

CHWP is part of a nationwide network of locally-run health centers that serve more than 28 million people nationwide. They are on the front lines of national public health challenges—whether caring for veterans, providing opioid treatment, or responding to chronic care patients. Nearly half of health centers (44 percent) are located in rural communities.



~ Rooted in Communities ~



New staff members at CHWP

Community Health & Wellness Partners has been expanding its Behavioral Health staff this summer and has added a new healthcare provider at the West Liberty office.

CHWP is excited to bring aboard additional new hires — Hannah Auck, Tracy Detwiler and Jennifer Murphy — to the Behavioral Health team. The trio started July 8.

Hannah Auck, LISW, MSW, is a licensed social worker who began seeing patients on July 29.

Tracy Detwiler, PAC, started seeing patients July 29 after her orientation. Jennifer Murphy RN, BSN, is assisting Tracy as her nurse.

The first week of July, Dr. Jillian Shellabarger began seeing patients 3 days per week at Bellefontaine. Previously working

on Fridays, she is now seeing patients on Mondays, Wednesdays and Fridays.

Another new therapist working with our Behavioral Health staff is Jordan Thurman, LISW-S. Jordan started on August 5. Jordan has facilitated group sessions and worked closely with schools and has provided therapeutic interventions for children and adults.

Leanne Spring, CNP, started with CHWP on July 22. Leanne and her husband are from the Indian Lake area and expressed that she is ready to return home and plant roots as a provider in her community. Leanne will be part-time until she completes her Doctorate NP program at OSUCON in 2021. She is currently working Mondays, Tuesdays, and Fridays at our West Liberty office.



HANNAH AUCK



TRACY DETWILER



JENNIFER MURPHY



JILLIAN SHELLABARGER



JORDAN THURMAN



LEANNE SPRING

In September, Breanna Detrick, CNP, is moving her patient care to the Bellefontaine and Russells Point offices as CHWP launches a Team Care approach. Team Care

starts in Bellefontaine next month, with West Liberty and Russells Point following soon.

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in one location instead of having to see multiple providers all around the state.

CHWP received an additional \$167,000 to expand mental health services

In 2018, CHWP served 514 individual patients in behavioral health with 1 full-time therapist, 2 part-time therapists and a psychiatrist 1 day per week. CHWP now has 5 full-time therapists,

2 part-time therapists, and 3 full-time psychiatric providers.

In August, the U.S. Department of Health and Human Services awarded CHWP with \$167,000 to expand access to integrated substance use disorder and mental health services.

So far this year, we have already served over 400 individual patients and are expecting to serve even more patients as we expand services available through offering of group therapy and school-based services.

We are thankful our community and staff of CHWP who recognize the need of these services and for the continued support as we grow.



BELLEFONTAINE OFFICE IS EXPANDING! — Ashley Logan, Behavioral Health Coordinator, shows other staff members the new space at the Bellefontaine office that is being converted into offices for Behavioral Health, Pharmacy, Nutrition, and Chronic Care Management services.



Once a month, Dr. Brian Schmidt will be performing various patient procedures on Surgical Clinic Day.

Offering in-office procedures

In July, Community Health & Wellness Partners began offering a Surgical Clinic Day at our West Liberty location.

Various procedures are available during the Surgical Clinic Day, including shoulder injections, knee injections, Pes Anserine bursitis, EIC removal, drain abscess, shave and punch



biopsies, plantar wart treatment, and skin tag removal. No head or neck procedures can be performed, and providers are not obligated to perform a procedure if they do not feel comfortable. Patients may need to be referred to a specialist.

Various procedures can be scheduled the afternoons of Sept. 26, Oct. 24, Nov. 21, and Dec. 19.

If you have an area of concern that requires one of these procedures, call your primary care provider for a Procedure Clinic appointment at 937.599.1411.



Bellefontaine:

212 E. Columbus Ave., Ste. 1
Bellefontaine, OH 43311

Indian Lake:

8200 St. Rt. 366, Ste. 1
Russells Point, OH 43348

West Liberty:

4879 US Rt. 68 South
West Liberty, OH 43357

Phone: 937-599-1411

Fax: 937-599-4128

Website: www.chwplc.org

Pharmacy Services Update

Jason Martinez, PharmD, BCACP



Staying safe in the sun

Karl Singer, PharmD Candidate, 2020

With summer in full swing, we are all looking forward to more sun. Too much sun, however, is not good. The rays of the sun, UV rays, can damage your skin. UVB rays mostly cause sunburn. UVA rays can cause skin cancer and early skin aging.

The best way to stay safe from the sun is to limit your time outdoors. If you must be outside, remember these tips; wear dry tightly woven clothing, wear a wide brimmed hat to protect your face and neck, wear sunglasses that block UV rays, and of course, wear sunscreen!

When buying a sunscreen choose one with a sun protection factor (SPF) of 30-50 that is also "broad-spectrum" and "water-resistant". Apply sunscreen on all skin not covered by clothes at least 15 minutes before going in the sun. Remember to reapply at least every 2 hours and even more often if you are swimming or sweating.

Recently, there has been some concerning news about the chemical oxybenzone in sunscreens. The FDA reports that there is no evidence to rule this ingredient as unsafe. As an alternative to sunscreens with oxybenzone, there are a variety of mineral sunscreens available that are safe and effective. The most important thing is that you use any type of sunscreen over no sunscreen. Sunscreen in the U.S. has been used for decades and have shown no side effects or harm!

Wholesome Rx program continues

Wholesome Rx education classes are proving to be beneficial! We are seeing greater than 75% of patients enrolled attending both our March and May classes. Another set of classes was scheduled for July and we will be adding a fourth class in September. Nearly 70% of patients who have had their A1C retested since the start of the program have either seen no change or a decrease in their A1C. Patients have reported losing weight, learning more about how to control their blood sugars, and overall feeling better.

